WHISKHA DAYS



PRE-CHRISTMAS MINI **HOLIDAY ACTIVITIES**

Join us for our mini school holiday program held in the week leading up to Christmas 2026 – for children and young people with disabilities, aged 5-18 years.

Fun excursions and activities and social connections across Melbourne, supported throughout by the Y's caring support workers.

For more information email: info@yinclusion.org.au

EXCURSION BASED PROGRAM

SCAN TO BOOK

Monday 21st - Wednesday 23rd December 2026

Monday 21st



BOUNCE!

Jump into fun at Bounce! indoor playcentre.

MILL PARK ALL ABILTIES SPLASH PARK

Enjoy lunch and a cool off at Mill Park.

BRING BATHERS, HAT & TOWEL

COST $29

Tuesday 22nd



FED SQUARE + MYER CHRISTMAS DISPLAY

Marvel at the Melbourne city Christmas experiences.

BOTANIC GARDENS PICNIC

Relax and enjoy a picnic lunch at the stunning Royal Botanic Gardens.

FREE

Wednesday 23rd



MODE PARK, KALKALLO

This super playground features a massive structure with two towers connected by a high rope tunnel!

CHRISTMAS MOVIE + ARTS + CRAFTS

Chill out after lunch with a movie and some creative play in the afternoon.

FREE

The Y Inclusion Services

Plenty Valley Westfield, 415 McDonalds Road, Mill Park 3082
p: 1300 699 622 **e:** info@yinclusion.org.au
w: inclusion.ymca.org.au **f:** fb.me/TheYInclusionServices

QIP SAFEGUARDING STANDARDS ACCREDITED

I ndis REGISTERED NDIS PROVIDER

the Y

WHISKHA DAYS

SUMMER 2026-27 HOLIDAY ACTIVITIES

the Y

Come and enjoy Melbourne's great locations and activities with the Y.
Develop skills, interact socially, achieve goals and meet personal challenges.

Our program schedule of excursions has been provided as a guide, but will remain flexible according to the needs, abilities and interests of the participants attending on the day.*

Booking Process

Complete the Booking Form (found on our website) – use QR Code on the front of this flyer.

Bookings for Pre-Christmas Mini Holiday Program close 6th December.

Enrolments for new participants close 9th December.

Bookings for Summer Holiday Program close 16th December.

The Y Inclusion Services will confirm your booked activities by email.

Program Times

Program operates between 8:30am and 4:30pm.

Excursions leave at 9:00am sharp.

Participants will return back on site by 4:00pm.

Excursions are subject to change dependant on conditions on the day.

Fees

There are a mix of out-of-pocket costs and free activities across the WhiSKHA program.

NDIS hourly fees apply; refer to Service Agreement for details (program runs for 8 hours per day).

Late pick up details

Any person that requires pick up or drop off times outside of the program time can discuss with Program Coordinator to arrange support for participant and will have additional NDIS fees applied.

Eligibility

Participants wishing to enrol in the WhiSKHA program are required to meet the following selection criteria:

- Participant is aged between 5–18 years
- The participant currently holds an NDIS package or

Staffing

Experienced and qualified staff supervise and support on a 1:1 or 1:2 ratio based on the child's needs.

Additional support staff may be arranged based on needs.

Medical Information

Please ensure any medication that requires administering throughout the day is also given to the staff.

All medication must be supplied in a webster-pak.

Program/Venue

Drop off and Pick up:
Y Community School, 41-45 Miller Street, Epping.

Program entrance next to the front door of Y Leisure City at the rear carpark.

What should my child bring?

- Appropriate footwear and clothing according to the weather and activities planned for the day.
- Please ensure that there are sufficient changes of clothes to last the day.
- Sunscreen.
- Labeled snacks, lunch and drinks. Please ensure that all food/drink bought into the program does not contain any nut products. The NUT FREE policy is strictly adhered to.
- Any property brought onto the program is at own risk. Please ensure your child's name is on all items. No reimbursement will occur if any property is lost, stolen or damaged.
- Any devices that are taken on the program are at risk of being broken, stolen or lost. The Y is not liable for this.
- Please remember to bring along your Companion Card.
- Swimming is an adhoc activity for when plans change last minute due to weather or other factors. Please bring swimmers, hat, towel and change of clothes in bag EVERY DAY.

**We aim to accommodate as many people as possible on our excursions. Due to limited bus seating or client needs, in some cases a Support Worker can be arranged to transport the participant to join the excursion. Where a Support Worker has been required to drive their vehicle additional transport cost will be incurred.*