

WHISKHA DAYS

SPRING 2026 HOLIDAY ACTIVITIES

Action-packed school holiday programs for children and young people with disabilities, aged 5-18 years.

Fun excursions, activities and social connections across Melbourne, supported throughout.

For more information email: info@yinclusion.org.au



**EXCURSION
BASED
PROGRAM**

SCAN TO BOOK



Monday 21st September - Friday 2nd October 2026

Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th
 KINGLAKE ADVENTURE DAY Discover the beauty of forests and waterfalls in Kinglake National Park. BOLLYGUM PARK Discover the fun of this sensory playground and enjoy lunch with friends after a forest walk. FREE	 FLIP OUT CRAIGIEBURN Jump into adventure! MODE PARK KALKALLO Features a massive structure with two towers connected by a high rope tunnel and in-ground trampolines! COST \$26	 MELBOURNE ZOO Adventure awaits at Melbourne Zoo! See lions, tigers, meerkats, lemurs, and elephants up close, snap epic pics, and explore lush habitats in the heart of the city. FREE	 YARRA BEND ADVENTURE MINI GOLF Experience the best mini golf in Melbourne with fun challenges! PARK PICNIC LUNCH Chill out and enjoy a picnic lunch in the park. COST \$25 for 36 holes	 PUBLIC HOLIDAY No Program today.
Monday 28th	Tuesday 29th	Wednesday 30th	Thursday 1st	Friday 2nd
 MELBOURNE MUSEUM Be fascinated by incredible natural history and culture! FITZROY GARDENS Chill out and enjoy a picnic lunch in this lush inner-city escape. FREE	 BOUNCE! HEIDELBERG Jump into FUN! MERENDA ADVENTURE PARK Our favourite multi-level playground has so much to climb and explore! COST \$29	 WATERMARC GREENSBOROUGH Splash into fun at WaterMarc and experience Tantrum Alley and Pipeline Waterslides, as well as pools to enjoy! COST \$16.50 for Slide & Pool Pass	 ARTS + CRAFTS + MOVIE DAY (INCURSION) Chill out at Leisure City with a creative activity. Followed by lunch and then curl up to enjoy a movie with the group. COST \$15	 LEISURE CITY SWIM Swimming activity! HOT CHIPS LUNCH + GRANITE PARK Enjoy hot chips for lunch followed by a play on the giant slides. FREE BRING BATHERS

The Y Inclusion Services

Plenty Valley Westfield, 415 McDonalds Road, Mill Park 3082
p: 1300 699 622 e: info@yinclusion.org.au
w: inclusion.ymca.org.au f: fb.me/TheYInclusionServices



**REGISTERED
NDIS
PROVIDER**



WHISKHA DAYS



SPRING 2026 HOLIDAY ACTIVITIES

Come and enjoy Melbourne's great locations and activities with the Y. Develop skills, interact socially, achieve goals and meet personal challenges.

Our program schedule of excursions has been provided as a guide, but will remain flexible according to the needs, abilities and interests of the participants attending on the day.*

Booking Process

Complete the Booking Form (found on our website) – use QR Code on the front of this flyer.

Bookings for Spring Holiday Program close 13.9.26.

The Y Inclusion Services will confirm your booked activities by email.

Program Times

Program operates between 8:30am and 4:30pm.

Excursions leave at 9:00am sharp.

Participants will return back on site by 4:00pm.

Excursions are subject to change dependant on conditions on the day.

Fees

There are a mix of out-of-pocket costs and free activities across the WhiSKHA program.

NDIS hourly fees apply; refer to Service Agreement for details (program runs for 8 hours per day).

Late pick up details

Any person that requires pick up or drop off times outside of the program time can discuss with Program Coordinator to arrange support for participant and will have additional NDIS fees applied.

Eligibility

Participants wishing to enrol in the WhiSKHA program are required to meet the following selection criteria:

- Participant is aged between 5–18 years
- The participant currently holds an NDIS package or funding from other agency
- The participant has additional support needs
- The participant has up to date medical support plans (if applicable).

Staffing

Experienced and qualified staff supervise and support on a 1:1 or 1:2 ratio based on the child's needs.

Additional support staff may be arranged based on needs.

Medical Information

Please ensure any medication that requires administering throughout the day is also given to the staff.

All medication must be supplied in a webster-pak.

Program/Venue

Drop off and Pick up:

Y Community School, 41-45 Miller Street, Epping.

Program entrance next to the front door of Y Leisure City at the rear carpark.

What should my child bring?

- Appropriate footwear and clothing according to the weather and activities planned for the day.
- Please ensure that there are sufficient changes of clothes to last the day.
- Sunscreen.
- Labeled snacks, lunch and drinks. Please ensure that all food/drink bought into the program does not contain any nut products. The NUT FREE policy is strictly adhered to.
- Any property brought onto the program is at own risk. Please ensure your child's name is on all items. No reimbursement will occur if any property is lost, stolen or damaged.
- Any devices that are taken on the program are at risk of being broken, stolen or lost. The Y is not liable for this.
- Please remember to bring along your Companion Card.
- Swimming is an adhoc activity for when plans change last minute due to weather or other factors. Please bring swimmers towel and change of clothes in bag each day.

**We aim to accommodate as many people as possible on our excursions. Due to limited bus seating or client needs, in some cases a Support Worker can be arranged to transport the participant to join the excursion. Where a Support Worker has been required to drive their vehicle additional transport cost will be incurred.*